MAY 2016

May 2016



# **What's Happening for Women**

## May

1st- Praise Kids/ Chorus Kids Spring Concert

5th- Sack Lunch Stories, 3rd Floor, 12pm- 1pm, Speaker: Steve Laufer

6th- Date Night, 6:30pm-9:30pm, Optional: Dinner and a Marriage, \$40/couple

## **June**

2nd- Working Women's Luncheon, Bay Oaks Country Club, 12pm-1pm

9th- Girls Night Out, Chapel, 6:30pm- 9pm

13th- Vacation Bible School, 8:30am-12:15pm

29th- Summer Dig Begins, EB 226, 10am-12pm

## July

14th- Dominican Republic Teacher Trip leaves

## **UBC Groups for Women**

## Wednesdays

Right at Home Moms - 9:30am-11:45am, 3rd Floor Lounge

### Sundays

9:30am, EB 202 -Second Wind led by Pamm Muzslay

11 am, EB 209 - The Lydia Group for Working Women led by Angie Reeves

11 am, EB 102 - Journey to Joy led by Debbie Hampton

#### Women's Book Clubs

Want to meet new friends and enjoy a little inspirational reading this summer? Registration for summer book clubs will be May 15th and 22nd before and after both services. Stop by the registration table and browse the offerings, host a book club at your house, or share the hosting responsibilities with a friend or neighbor. If you would like to host, please email lora.doremus@ubc.org.

## **Girls Night Out**

June 9th, 6:30pm-9pm; pillowcases Sept. 22nd, 6:30pm– 9pm; cork pumpkins Nov 17th, 6:30pm– 9pm; food gift mixes

## Working Women's Luncheon

Join us at Bay Oaks Country Club from 12pm – 1pm on the first Thursday of every even numbered month. Next lunch June 2nd.

Thanks to the newsletter team, Kristin Hamon, Katy Ernst, Lisa Stiles, Lora Doremus and UBC Communications

## Connect with us

Facebook: Women of UBC Pinterest: UBC Women Twitter: @ubchouston

Need to talk to someone? Contact Lora Doremus at lora.doremus@ubc.org or 281-488-8517.

Questions about programs? Contact Lisa Stiles at lisa.stiles@ubc.org.

Want to contribute to future newsletters? Let us know!

**Financial Peace...I'm Getting There!** By Megan Murphy

Financial security has been a major idol for me in my Christian walk. I grew up financially insecure, and started out in debt with bad credit. After college, I worked diligently to pay off my debt. It took me 5 years, but I finally became debt free. However, the financial worries and burdens of such an idol did not go away with the debt. I was always fearful and concerned about that "one big thing" that would happen and throw me right back into debt again. I also had no idea what a debt free budget looked like. I had always tithed, even when in debt, but in very small amounts (a fraction of 1%). Once debt free, I up'd the tithing, but nowhere near 10%.

After feeling very anxious about my financial future, I finally took a Financial Peace University (FPU) course. Mind you, I was already debt free at this point, but I knew I need help with the "after debt" life. I ended up doing a budget based on the principles laid out in FPU, which included a 10% tithe. It was shocking that next week to start immediately tithing 10%. I was scared - it was a lot of money! But based on the budget laid out, I could afford that 10%.

That was a year and half ago, and over that time I realized I was not hurt by giving back that big scary tithing amount. In fact, since then God has blessed me with the ability to even add to my giving! Honestly, I don't even miss the tithe money. Don't get me wrong, anxiety over money is still an incredible weakness for me - the idol isn't gone completely, but it is cut down considerably in size. I am thankful that I am no longer trying to rely on myself for financial security, but instead on God.





Give generously to him and do so without a grudging heart; then because of this the Lord your God will bless you in all your work and in everything you put your hand to. (Deuteronomy 15:10)

For where your treasure is, there your heart will be also. (Matthew 6:21)

Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the LORD Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it.

(Malachi 3:10)

# **Pinterest Corner: Dining on a Budget**

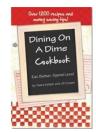
## Save pennies by making your own homemade breakfast sausage.

Dining on a Dime - Breakfast Sausage

1 lb. ground pork or beef 1/4 - 1 tsp. Sage (to taste) 1/4-1/2 tsp. Marjoram 1/4-1/2 tsp. Thyme (optional) 1 tsp. Salt 1/8 tsp. Pepper 1/3 tbsp. Water



Sprinkle the seasoning over the ground meat. Knead until thoroughly blended. Make into patties. Refrigerate in airtight containers for 2 to 3 days to allow favors to blend. Fry until golden brown. Freeze any unused sausage. Serves 4-6.



From Dining on a Dime Cookbook by Tawra K. Kellam.

# **Testimony: Anne Gowan**

I took Dave Ramsey's Financial Peace University (FPU) class for the first time about 13 years ago, right before my husband John and I were engaged. I had a "real" job and knew that I needed to start saving instead of spending everything I earned. Matthew 6:24 really began to resonate with me "No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. **You cannot serve both God and money**."

FPU changed my spending habits, but more importantly my heart. John and I then took the next available FPU class together and were able to start out our marriage financially on the same page. FPU forced us to talk about our debts, but more importantly FPU encouraged us to prayerfully set priorities together. FPU taught us how to tell our money where we wanted it to go, and that it is okay to have a little "blow money."

So many blessings have resulted from following Dave Ramsey's Financial Peace University

such as fewer money fights and being able to resign from my job after my oldest child was born. The biggest joy however is being able to freely give financially when prompted by the Spirit. If I could do it all over again, the only thing I would change would be to take FPU in High School.





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## **Summer Reading List**

## **Fiction**

**And the Shofar Blew** by Francine Rivers. What happens to a pastor when he builds his own kingdom instead of God's? Finish everything else you have to do before you read this book. You won't be able to put it down.

**The Reluctant Prophet** by Nancy Rue. Allison Chamberlain has been a Christian for seven years and enjoys comfortable fellowship with her Bible Study friends, until God tells her to buy a Harley Davidson motorcycle. Inspiring novel about social justice Christianity. First in a series.

**Suncatchers** by Jamie Langston Turner. Reeling from a broken marriage, Warren Perry has come to a small North Carolina town to write. Through his relationship with his neighbors he learns the true meaning of a trusting relationship with God. Some of the characters are hilarious. I laughed out loud.

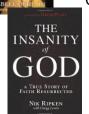


## **Biographies/Memoirs**

**Evidence Not Seen** by Darlene Deibler Rose. The gripping story of courage and commitment in the midst of terrifying events. Newlywed missionary Darlene Rose survived four years in a notorious Japanese prison camp deep in the jungles of New Guinea. Forced to sign a confession, she faced the executioner's sword.

The Slave Across the Street by Theresa Flores. In this powerful true story, Theresa Flores shares how her life as an All-American, blue-eyed, blond-haired 15-year-old teenager who could have been your neighbor was enslaved into the dangerous world of sex trafficking while living in an upper-middle class suburb of Detroit.

**Seeking Allah, Finding Jesus** by Nabeel Qureshi - If you are interested in seeing apologetics at work, finding out more about Islam, and reading a compelling conversion account, this book is for you. The author, a devout Muslim, describes being raised in a loving family, resisting the truth of salvation through Jesus Christ, and finally accepting Christ as his Lord and Savior.



**The Insanity of God** by Nik Ripken. "No one will read this book and be the same person after the last page. If you want a front row seat to the raw, potent, heart transforming power of the Jesus, this book is a must read." ~ Daniel Akin. President, Southwestern Baptist Theological Seminary

## **Non Fiction**



"Anything" by Jenny Allen. Anything is a prayer of surrender that will spark something. A prayer that will move you to stop chasing things that just make you feel happy and start living a surrendered life that matters.

**Unoffendable** by Brant Hansen. As it turns out, giving up our "right" to be offended can be one of the most freeing, healthy, simplifying, relaxing, refreshing, stress-relieving, encouraging things we can do. Changed my life.